

# Fairview Community Primary School



## ASTHMA CARE PLAN

Child Name: \_\_\_\_\_



Care Plan Review Date: \_\_\_\_\_

Medication Expiry Date: \_\_\_\_\_

### DAILY ASTHMA MANAGEMENT

This child's usual asthma signs:

☐ Cough

☐ Wheeze

☐ Difficulty breathing

☐ Other (please describe) \_\_\_\_\_

Frequency and severity:

☐ Daily/most days

☐ Frequently (more than x 5 a yr)

☐ Occasionally (less than x 5 a yr)

☐ Other (please describe) \_\_\_\_\_

Known Triggers (eg cold, exercise)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does this pupil usually tell an adult if she/he is having trouble breathing?

Yes / No

Does this pupil need help to take asthma medication?

Yes / No

Does this pupil use a mask with a spacer?

Yes / No

Does this student need a blue/grey reliever puffer medication before exercise?

Yes / No

NAME OF MEDICATION & COLOUR	DOSE/NO OF PUFFS	TIME REQUIRED

### Emergency Contact:

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

### GP Information:

Surgery: \_\_\_\_\_

Tel No: \_\_\_\_\_

Date: \_\_\_\_\_